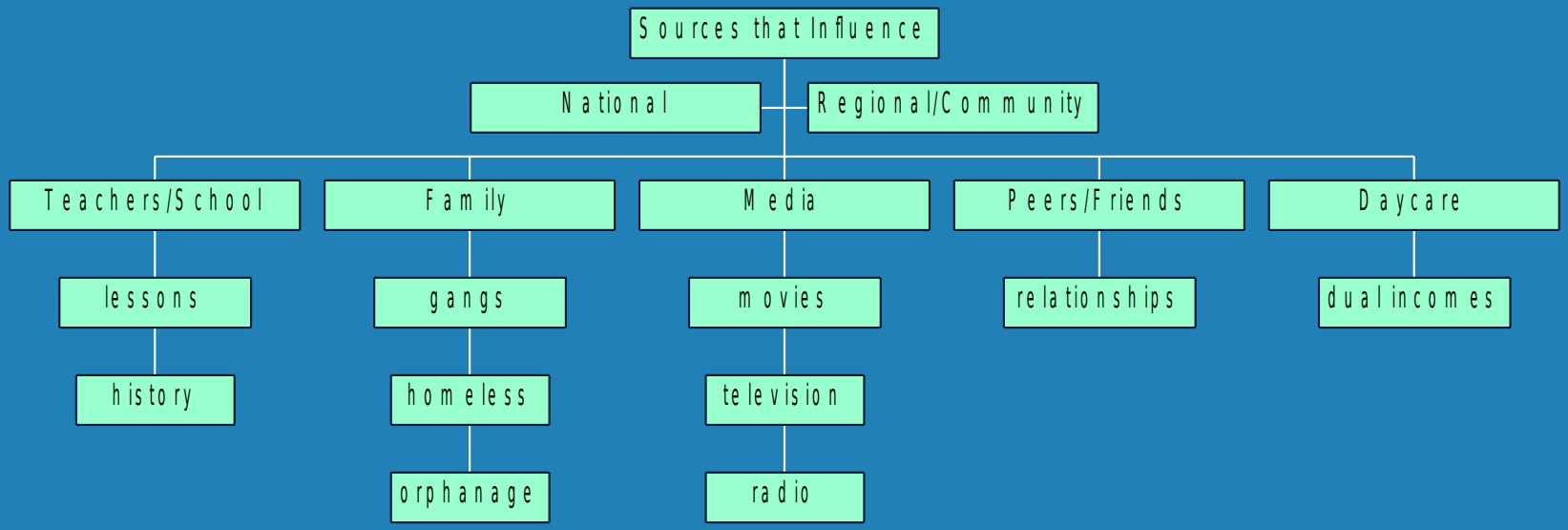
VALUES

- Self Concept
- Socialization Process
- Values – Values System
- Attitudes – Perceptions
- Change
- Allport's Hierarchy

SELF CONCEPT

- See Ourselves
- Others see us
- Wish to be seen
- Jahari Window

SOCIALIZATION PROCESS



VALUES

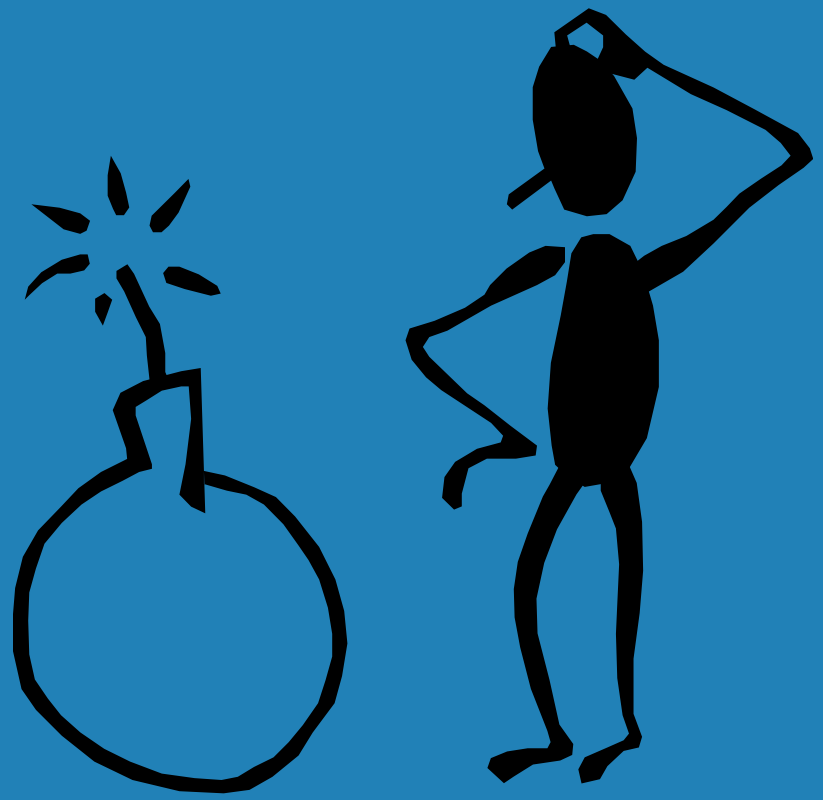
- A value represents something important in our existence, a type of belief, centrally located within our self concept, about how we ought or ought not to behave.

VALUES SYSTEM

- A value system is a set of values adopted by an individual or society, influencing the behavior of the individual or member of society, often without their conscious awareness.

ATTITUDE

- State of mind - a disposition
- Favorable or unfavorable manner
- After evaluation = Belief



PERCEPTIONS

- Reality
- Stereotypes
- Not enough info

BARRIERS TO CHANGE

- Denial
  - Refuse to absorb
- Blame
  - Refuse to accept responsibility
- Rationalization
  - Logical Reasons for behavior
- Coping mechanisms
  - Humor
  - Withdrawal
  - Ego Defense
  - Fight or flight - survival

CATALYSTS FOR CHANGE

- Significant Emotional Event
  - Individual, Group, National
- Re-socialization
  - New learning process

STRATEGIES FOR CHANGE

- Awareness - Bag Management
  - Reflection
  - Introspection
  - Accept new info
  - Increase skills

STRATEGIES FOR CHANGE

- Be realistic
- Motivated
  - Persuaded to change versus forced

ALLPORT'S HIERARCHY

- Antilocution - Verbal, written, symbolic. Jokes, caricatures.
- Avoidance - Individual avoids members of disliked group
- Discrimination - Making distinctions and choices
- Physical Attack - Violence becomes more probable
- Extermination - Genocide, lynching, ethnic cleansing

EMOTIONALLY CHARGED

- He who knows others is learned, he who knows himself is wise - Laotse, 6th BC
- When one is stranger to oneself, then one is estranged from others, too - Anne Morrow Lindbergh, 1955
- The questions which one asks oneself begin, at last, to illuminate the world, and become one's key to the experience others - James Baldwin, 1961